FOOD LION

May 27 - June 2, 2026

Offers valid while supplies last.

SUMMER SAVINGS *start here*

HOTSALE! MVP

10.99 LB CHOICE

YOU SAVE $2.00 LB

BEEF T-BONE STEAK

W/O MVP Card $12.99 LB

HOTSALE! MVP

1.99 LB

Family Pack

FOOD LION BONELESS CHICKEN BREAST

W/O MVP Card $2.69 LB

HOTSALE! MVP

1.99 LB

W/O MVP Card Regular Retail

BONELESS PORK LOIN ROAST OR WHOLE PORK TENDERLOIN

HOTSALE! MVP

BOGO FREE

W/O MVP Card Regular Retail Single Item Half Price

15-16 Oz. Pkg. Select Varieties Includes Beef or Meat

OSCAR MAYER FRANKS

HOTSALE! MVP

6.99 LB

W/O MVP Card $10.29 EA.

31-50 Ct. 16 Oz. Bag Frozen

FOOD LION RAW SHRIMP

YOU SAVE $2.98 ON 2

HOTSALE! MVP

2/$4

Pint

BLUEBERRIES

W/O MVP Card $3.49 EA

HOTSALE! MVP

2.49 EA

W/O MVP Card $4.99 EA

5 Lb. Bag

FOOD LION RED POTATOES

HOTSALE! MVP

1.29 EA

W/O MVP Card $2.49 EA

FOOD LION ICEBERG LETTUCE

HOTSALE! MVP

3.49 EA

W/O MVP Card $3.99 EA

15-16 Oz. Select Varieties

FOOD LION DELI SALADS IN THE DELI

MVP 1 DAY HOTSALE! FRIDAY, MAY 29TH

59 Oz., Select Varieties

MINUTE MAID PUNCHES OR ADES

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $3.49 EA Single Item Half Price Off Regular Retail

REST OF WEEK 2/$4 MVP

15.77-23.45 Oz. Select Varieties

RED BARON 12" PIZZA

HOTSALE! MVP **2.99 EA**

W/O MVP Card $6.19 EA.

REST OF WEEK $3.49 EA MVP

5-10.37 Oz. Select Varieties

FRITO LAY MULTIPACKS

HOTSALE! MVP **4.99 EA**

W/O MVP Card $6.99 EA

REST OF WEEK $5.99 EA MVP

HOTSALE! MVP

8.99 EA

W/O MVP Card Regular Retail

24 Pack 12 Oz. Cans Select Varieties

COKE PRODUCTS

REST OF WEEK $11.99 EA MVP

HOTSALE! MVP **BOGO FREE**

W/O MVP Card Regular Retail Single Item Half Price

12 Pack 12 Oz. Cans or 12 Oz. Bottles Select Varieties

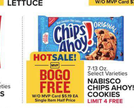
PEPSI PRODUCTS

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $7.99 EA Single Item Half Price

9.8-10.9 Oz. Select Varieties

TOTINO'S PIZZA



HOTSALE! MVP **BOGO FREE**

W/O MVP Card $4.79 EA Single Item Half Price

9.33 Oz. Select Varieties

NABISCO CHIPS AHOY! COOKIES

LIMIT 4 FREE

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $4.99 EA Single Item Half Price

46 Oz. Select Varieties

TURKEY HILL ICE CREAM OR BARBIE FROZEN DESSERT

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $4.99 EA Single Item Half Price

8.5-13.7 Oz. Select Varieties

NABISCO RITZ OR SNACK CRACKERS

LIMIT 4 FREE

20 Oz., Select Varieties

NATURE'S OWN BUTTERBREAD OR HONEY WHEAT BREAD

HOTSALE! MVP **2/$5**

W/O MVP Card $4.59 EA.

HOTSALE! MVP **3.99 EA**

W/O MVP Card $5.99 EA.

6 Pack 12 Oz. Bottles Select Varieties

GATORADE

HOTSALE! MVP **9.99 EA**

W/O MVP Card $10.99 EA.

16-28 Oz. Select Varieties

SEAPAK FROZEN SEAFOOD

30 Oz. Select Varieties

DUKE'S MAYONNAISE

HOTSALE! MVP **4.99 EA**

W/O MVP Card $5.99 EA.

HOTSALE! **16.99 EA**

12 Pack - 11.2-12 Oz. Cans Or Bottles Select Varieties

CORONA, MODELO OR HEINEKEN

8 Ct. - Select Varieties

BALL PARK HOT DOG OR HAMBURGER BUNS

HOTSALE! MVP **2/$6**

W/O MVP Card $4.19 EA.

MVP DIGITAL COUPONS Load on App • Online • In-Store Kiosk

HOT SALE! 2/$7 W/ MVP Card Regular Retail

6-10.75 Oz. Select Varieties

DORITOS TORTILLA OR MISS VICKIE'S KETTLE CHIPS

MVP Coupon -2.00 EXP. 6/27

2/$5 MVP PLUS DISCOUNT SAVINGS

HOT SALE! 2/$6 W/ MVP Card Regular Retail

10-12 Oz. Select Varieties

POST PEBBLES OR HONEY BUNCHES OF OATS CEREAL

MVP Coupon -2.00 EXP. 6/27

2/$4 MVP PLUS DISCOUNT SAVINGS

HOT SALE! 7.99 W/ MVP Card Regular Retail

6 Mega Rolls CHARMIN 4 Double Rolls BOUNTY Select Varieties

MVP Coupon -1.00 EXP. 6/27

6.99 EA MVP PLUS DISCOUNT SAVINGS

HOT SALE! 9.99 W/ MVP Card Regular Retail

55-63.9 Ct. Liquid or 81-92.5 Ct. Pods TIDE 81-88 Oz. Liquid or 37 Ct. Pilings GAIN Select Varieties

MVP Coupon -3.00 EXP. 6/27

6.99 EA MVP PLUS DISCOUNT SAVINGS

MVP PRICED LOW EVERY DAY ON ITEMS YOU BUY MOST OFTEN & MVP HOTSALE! OUR BEST WEEKLY MVP DEALS

1 ZVBL ZVRO 05/27/26

SUMMER SAVING GOALS

FOOD LION MVP

Clip coupons, earn rewards & more online

Sign Up or Sign in

FRESH PRODUCE
at affordable prices

100% FRESH OR DOUBLE YOUR MONEY BACK

HOTSALE! MVP
99¢ LB W/O MVP Card Regular Retail
Bulk or Tote Bag
VIDALIA ONIONS

HOTSALE! MVP
2.79 EA W/O MVP Card Regular Retail
10 Oz. Pkg.
SWEETPOPS TOMATOES

HOTSALE! MVP
4.99 EA W/O MVP Card Regular Retail
12 Ct. Pkg.
FOOD LION MINI SWEET CORN

HOTSALE! MVP
2.29 EA W/O MVP Card Regular Retail
6 Oz. Pkg.
BLACKBERRIES

HOTSALE! MVP
99¢ EA W/O MVP Card Regular Retail
1 Lb. Bag
FOOD LION BABY CUT CARROTS

HOTSALE! MVP
1.99 LB W/O MVP Card Regular Retail
RED SEEDLESS GRAPES

HOTSALE! MVP
3/$1 W/O MVP Card Regular Retail
LIMES

6-9 Oz. Pkg.
Select Varieties
FRESH EXPRESS SALAD BLENDS

HOTSALE! MVP
2/$6 W/O MVP Card Regular Retail

BAMBOO BONZAI
White Supplies Last!
9.99 EA

ORGANIC

6 Oz. Pkg.
ORGANIC BLUEBERRIES

HOTSALE! MVP
4.49 EA W/O MVP Card Regular Retail

USDA ORGANIC

3 Lb. Bag
REALSWEET ORGANIC VIDALIA ONIONS

HOTSALE! MVP
3.99 EA W/O MVP Card Regular Retail

USDA ORGANIC

HOTSALE! MVP
4.99 LB W/O MVP Card Regular Retail
FRESH CHERRIES

Find us online:
foodlion.com

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT: VISA MasterCard ATM CARDS

Prices in this ad good at stores conveniently located in these cities:
Altavista, Amherst, Bassett, Bedford, Blacksburg, Brookneal, Buena Vista, Chatham, Christiansburg, Covington, Daleville, Danville, Floyd, Forest, Gretna, Hillsville, Keysville, Lexington, Lovingston, Lynchburg, Madison Heights, Martinsville, Moneta, Pearisburg, Pulaski, Radford, Roanoke, Rocky Mount, Rustburg, Salem, South Boston, Stanleytown, Troutville, Vinton, Wytheville

We accept competitor's coupons, exceptions may apply, see store associate for details.
Cosmetic, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

Delicious dinners

HOT DEALS

HOT SALE! MVP 3.99 LB
ST. LOUIS STYLE PORK RIBS
W/O MVP Card Regular Retail

HOT SALE! MVP 7.29 LB
W/O MVP Card Regular Retail
93% LEAN FRESH GROUND BEEF

HOT SALE! MVP 7.49 LB
W/O MVP Card Regular Retail
BEEF SHOULDER ROAST OR BOTTOM ROUND ROAST
CHOICE

HOT SALE! MVP 7.59 LB
W/O MVP Card Regular Retail
BONELESS STEW BEEF
CHOICE

HOT SALE! MVP 5.99 LB
W/O MVP Card Regular Retail
19.2 Oz. Select Varieties
SMITHFIELD MARINATED PORK TENDERLOIN

HOT SALE! MVP 6.49 LB
W/O MVP Card Regular Retail
85% LEAN FRESH GROUND ROUND PATTIES

HOT SALE! MVP 3.99 LB
W/O MVP Card Regular Retail
5 Lb. Bag
CHICKEN DRUMSTICKS

HOT SALE! MVP 4.99 LA
W/O MVP Card Regular Retail
28-32 Oz. Pkg. Select Varieties
BOB EVANS FAMILY SIZE SIDE DISH

Bone-In, Fully Cooked
FOOD LION HICKORY SMOKED HAM STEAK

HOT SALE! MVP 2.99 LB
W/O MVP Card Regular Retail

16 Oz. Pkg. Select Varieties
JACK DANIEL'S PULLED PORK OR CHICKEN

HOT SALE! MVP 6.99 LB
W/O MVP Card Regular Retail

12-16 Oz. Pkg. Select Varieties
OSCAR MAYER SLICED BACON
HOT SALE! MVP 5.49 LA
W/O MVP Card Regular Retail

9 Oz. Pkg. - Select Varieties
LAND O'FROST DELI SHAVED LUNCHMEAT
HOT SALE! MVP 2/$5
W/O MVP Card Regular Retail

8-12 Oz. Pkg. - Select Varieties
OSCAR MAYER LUNCHABLES FUN PACK
HOT SALE! MVP 2/$5
W/O MVP Card Regular Retail

5 Lb. Pkg. - Frozen
FOOD LION GROUND BEEF PATTIES
HOT SALE! MVP 19.99 LA
W/O MVP Card Regular Retail

MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk

5.6 Oz. Pkg. Select Varieties
HORMEL PEPPERONI

HOT SALE! 2/$7
W/ MVP Card Regular Price
MVP Coupon −1.00 OFF 2
2/$6
MVP W/ MVP DISCOUNT SAVINGS CARD

SUSTAINABLY SOURCED SEAFOOD

HOT SALE! MVP 6.99 LB
W/O MVP Card Regular Retail
10 Oz.
TILAPIA FILLETS

HOT SALE! MVP 6.99 LB
W/O MVP Card Regular Retail
10 Oz.
FLOUNDER FILLETS

HOT SALE! MVP BOGO FREE
W/ MVP Card Regular Retail
Single Item Half Price
8-10 Oz. Pkg. Frozen Select Varieties
MARGARITAVILLE SHRIMP

HOT SALE! MVP 9.99 LB
W/O MVP Card Regular Retail
24 Oz. Pkg. - Frozen
FARM RAISED SKINLESS & BONELESS CATFISH FILLETS

2 DNCI ZDPH ZDSA ZGAA ZGAL ZGAT ZGAU ZGCA ZGCR ZGCT ZGHW ZGPY ZGSA DNSG DNXA DNXV DNBA DNBL DNBN DNBT DNDA DNNA DNNN DNNS DNCA DNCE DNCK DNCN DNCT DNFL DNGB DNGL DNGR DNGS DNGV DNHP DNLE DNNB DNNP DNNQ DNRA DNRE DNRG DNRH DNRL DNRP DNTT DNWA DNWI DNWL DNWN DNWR DNWT DPNL DPNN DPNV DSAG DSAV DSCA DSCL DSCO DSCT DSFB DSFL DSFN DSGL DSGV DSKA DSSV DTCA DTCH DTNA DTNN DTTR DVBL DVCH DVDC DVNA DVNK DVNO DVNR DVNS DVNU DVNW DVNX DVNY DVPR DVRN DVRR DVRS DVRU DVRV DVSA DVSB, DWCA DWCL DWNA DWNB 0027038

Browse Coupons

Experience the difference of

EXCEPTIONAL FLAVOR

taste of Inspirations®
a FOOD LION private brand

10g PROTEIN per 2 OZ.

HOT SALE! MVP **8.99** LB — W/O MVP Card $9.99 LB — Freshly Sliced **TASTE OF INSPIRATIONS HAM**

HOT SALE! MVP **3.99** EA — W/O MVP Card $4.99 EA — 16 Oz. Select Varieties **TASTE OF INSPIRATIONS SOUPS**

HOT SALE! MVP **BOGO FREE** — W/O MVP Card $3.98 EA. Single Item Half Price — **TASTE OF INSPIRATIONS SAVORY GARLIC KNOTS**

HOT SALE! MVP **3.49** EA — W/O MVP Card $3.99 EA — Made Hot In-Store Mild or Spicy **CRISPY CHICKEN SANDWICH**

HOT SALE! MVP **5.99** EA — W/O MVP Card $7.99 EA. — 6 Oz. Select Varieties **FIORUCCI ANTIPASTI VARIETY PACK**

HOT SALE! MVP **4.99** EA — W/O MVP Card $5.49 EA. — 4 Ct. **GLAZED APPLE FRITTERS** NEW ITEM

HOT SALE! MVP **$6** EA — W/O MVP Card $6.49 EA. — Made In-Store - 14.5-20 Oz. Select Varieties **FOOD LION SANDWICH LUNCHBOX**

HOT SALE! MVP **3.99** EA — W/O MVP Card $5.99 EA. — 15 Oz. Select Varieties **SABRA CLASSIC HUMMUS**

HOT SALE! MVP **4.99** EA — W/O MVP Card $5.99 EA. — 16 Oz. **CRÈME CAKE**

BOGO FREE

MVP — On Participating Items — Single Item Half Price

HOT SALE! MVP **BOGO FREE** — W/O MVP Card $8.49 EA. Single Item Half Price — 8 Oz. Pkg. Logs, Balls or Pearls **BELGIOIOSO FRESH MOZZARELLA CHEESE**

HOT SALE! MVP **BOGO FREE** — W/O MVP Card $7.99 EA. Single Item Half Price — 7 Oz. Select Varieties **TILLAMOOK CHEDDARS**

HOT SALE! MVP **BOGO FREE** — W/O MVP Card $4.99 EA. Single Item Half Price — 12 Ct. **FRUIT BITES**

FOOD LION

Burgers wrapped in

FRESHNESS

Nature's Promise Organic

HOT SALE! MVP **6.99** LB — W/O MVP Card $7.99 LB — Freshly Sliced **FOOD LION AMERICAN OR PEPPER JACK CHEESE** IN THE DELI

Serving Suggestion

2.19 EA — USDA ORGANIC — 20 Oz. **NATURE'S PROMISE ORGANIC KETCHUP**

HOT SALE! MVP **2.99** EA — W/O MVP Card $4.49 EA. — USDA ORGANIC — 15 Oz. **NATURE'S PROMISE ORGANIC MAYONNAISE**

HOT SALE! MVP **6.59** LB — W/O MVP Card Regular Retail. — USDA ORGANIC — 16 Oz. Pkg. **NATURE'S PROMISE ORGANIC GROUND BEEF**

HOT SALE! MVP **2.79** EA — W/O MVP Card $3.19 EA — USDA ORGANIC — **NATURE'S PROMISE ORGANIC ICEBERG LETTUCE**

HOT SALE! MVP **2.99** EA — W/O MVP Card $3.79 EA. — USDA ORGANIC — 10 Oz. Pkg. **NATURE'S PROMISE ORGANIC GRAPE TOMATOES**

2.29 EA — USDA ORGANIC — 8 Oz. **NATURE'S PROMISE ORGANIC SWEET RELISH**

MVP SHOP & EARN MONTHLY REWARDS

EARN EXTRA REWARDS *while you shop*

Activate your May offers on foodlion.com or the Food Lion app to earn digital rewards and save even more!

Rewards offers must be earned within the same calendar month and expire at the end of the following month. Rewards can be used only at Food Lion, have no cash value and are not transferable. Rewards cannot be used toward the purchase of tobacco, alcohol, prescriptions, gift cards, stamps, services, including money orders, or lottery tickets and are not valid toward the purchase of dairy items in TN, PA or VA.

3 ZGCH ZGCR ZGCT ZKBG ZKNA ZKNV ZNGB ZNGR ZNHP ZNNB ZNNL ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVRO ZVTI ZVTR ZWBL 05/27/26

EARN EXTRA REWARDS *while you shop*

Activate Your Offers

Check Your Progress

DONATE *your rewards*

Help our neighbors get the food they need to thrive!

FOOD LION FEEDS

SHOP&EARN MONTHLY REWARDS

Donate Now

*For each $1 in Shop & Earn rewards you donate, Food Lion will donate $1 to Food Lion Feeds Charitable Foundation.
The foundation will then distribute the funds to local food banks and their local feeding agencies throughout our footprint.

DEALS FOR DOLLARS

MVP

$2 $3 $4

HEINZ · Kool-Aid · Oscar Mayer · Kraft · A1

20 Oz.
HEINZ YELLOW MUSTARD
HOT SALE! $2 EA
W/O MVP Card $3.99 EA.

13-20 Oz. Select Varieties
HEINZ SQUEEZE KETCHUP
HOT SALE! $3 EA
W/O MVP Card Regular Retail

8 Qt. or 10 Pack 3 Oz. Pouches
KOOL-AID DRINK MIX OR JAMMERS
HOT SALE! $3 EA
W/O MVP Card Regular Retail.

7.9 Oz. Pkg. Select Varieties
OSCAR MAYER DELI FRESH LUNCH MEAT
HOT SALE! $4 EA
W/O MVP Card Regular Retail

24 Oz. Select Varieties
KRAFT SALAD DRESSING
HOT SALE! $4 EA
W/O MVP Card $6.49 EA

10 Oz. Select Varieties
A.1 STEAK SAUCE
HOT SALE! $4 EA
W/O MVP Card $6.19 EA

15-24 Oz. Select Varieties
RAO'S PASTA SAUCE
MVP PRICED LOW EVERY DAY 6.99 EA
W/O MVP Card $8.59 EA.

12.5-14 Oz. Select Varieties
UTZ PARTY SIZE POTATO CHIPS
LIMIT 4 FREE
HOT SALE! MVP BOGO FREE
W/O MVP Card $5.69 EA
Single Item Half Price

2.5-2.85 Oz. Select Varieties
WEBER SEASONING
HOT SALE! MVP BOGO FREE
W/O MVP Card $2.99 EA
Single Item Half Price

6-7.88 Oz. Select Varieties
WISE POTATO CHIPS OR RIDGIES
LIMIT 4 FREE
HOT SALE! MVP BOGO FREE
W/O MVP Card $4.79 EA
Single Item Half Price

HOT SALE! 3.49 EA
11-16 Oz. Select Varieties
TWIZZLERS CANDY
W/O MVP Card $5.89 EA

15.5 Oz. Select Varieties
SMUCKER'S MICROWAVE HOT TOPPING
HOT SALE! MVP 2/$6
W/O MVP Card $3.99 EA.

HOT SALE! MVP 2/$5
25 Oz. Select Varieties
FOOD LION SANDWICH CRÈME COOKIES
W/O MVP Card $2.99 EA

32 Oz. Select Varieties
WELCH'S FRUIT SNACKS
HOT SALE! MVP 7.99 EA
W/O MVP Card $9.29 EA.

12 Oz. Select Varieties
BUFFALO WILD WINGS SAUCE
HOT SALE! MVP 3.49 EA
W/O MVP Card $3.99 EA

15.60-15.80 Oz. Select Varieties
CAMPBELL'S SPAGHETTIOS
HOT SALE! MVP 4/$5
W/O MVP Card $1.99 EA

HOT SALE! MVP 2/$6
8.17-16.5 Oz. Select Varieties
HOSTESS MULTI PACK SNACKS
W/O MVP Card $4.79 EA

16-18 Oz. Select Varieties
NATURE'S OWN BRIOCHE BUNS
HOT SALE! MVP 3.49 EA
W/O MVP Card $4.19 EA

HOT SALE! MVP 2/$5
8.04-10.6 Oz. Select Varieties
VOORTMAN COOKIES OR WAFERS
W/O MVP Card $3.68 EA.

0.7 Oz. Select Varieties
GIMME ORGANIC SEAWEED
HOT SALE! MVP 3.49 EA
W/O MVP Card Regular Retail

12-16 Oz. Select Varieties
HIDDEN VALLEY DRESSING
HOT SALE! MVP 3.99 EA
W/O MVP Card $4.59 EA

HOT SALE! MVP 5/$5
5 Oz. Select Varieties
BUMBLE BEE CHUNK LIGHT TUNA
W/O MVP Card $1.39 EA

8 Oz. - Select Varieties
NATURE'S GARDEN PROBIOTIC YOGGIES TRAIL MIX
HOT SALE! MVP 4.99 EA
W/O MVP Card $5.99 EA.

6.20-8.30 Oz. Select Varieties
BETTY CROCKER SUDDENLY! SALAD
HOT SALE! MVP 2/$4
W/O MVP Card $3.09 EA

HOT SALE! MVP 2/$6
7 Oz. Select Varieties
SPAM
W/O MVP Card $3.39 EA

2.6-4.5 Oz. Select Varieties
STARKIST TUNA POUCH
HOT SALE! MVP 5/$5
W/O MVP Card $1.58 EA

MVP DIGITAL COUPONS

Load on App • Online • In-Store Kiosk

16 Oz. Select Varieties
ZAXBYS ZAX SAUCE
HOT SALE! 3.49 EA
$3.99 Sale/Reg.
MVP Coupon -1.00 OFF 1
2.49 EA
MVP 1 WEEK DISCOUNT SAVINGS (WEEK 1)

8 Pack
RITZ SANDWICH CRACKERS
HOT SALE! 2/$7
$3.99 Sale/Reg.
MVP Coupon -1.00 OFF 1
2/$6
MVP 1 WEEK DISCOUNT SAVINGS (WEEK 1)

35 Oz. Select Varieties
DOT'S PRETZELS
HOT SALE! MVP 5.99 EA
W/O MVP Card $6.99 EA

16.90 Oz.
GRAZA SIZZLE EXTRA VIRGIN OLIVE OIL
HOT SALE! 12.99 EA
W/O MVP Card $14.99 EA

4 ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZNFL ZNGL ZNGS ZNGV ZSAG ZSAU ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTTR ZVBL ZVRO ZVTI ZVTR ZWBL 05/27/26

May 27 – June 2, 2026

DEALS FOR DOLLARS

MVP

A.1. Kool-Aid Oscar Mayer HEINZ ESTD 1869 Kraft Kraft MAYO

Shop Now

LOCAL GOODNESS

Hot SALE! MVP

Also known as where America began in 1607, VIRGINIA stretches across the Appalachian Mountains and the beautiful Atlantic coast, serving numerous products that are grown and made locally.

HOTSALE! 10.99 EA
W/O MVP Card $11.99 EA
9 Inch
UKROP'S CHOCOLATE FUDGE PIE
IN THE BAKERY

HOTSALE! 5.99 EA
W/O MVP Card Regular Retail
12 Oz. Select Varieties
GUNTHER'S SALSA

HOTSALE! 3.49 EA
W/O MVP Card Regular Retail
8.35-8.7 Oz. Select Varieties
VIRGINIA DINER OLD FASHIONED MIX

HOTSALE! 7.99 EA
W/O MVP Card Regular Retail
7.5 Oz. Select Varieties
PEG'S SEASONED SALT

10 Oz.
RITABEATA'S SWEET VIRGINIA LOVE BBQ SAUCE
HOTSALE! 7.99 EA
W/O MVP Card Regular Retail

BEVERAGE CENTER

2 Liter or 6 Pack 16-16.9 Oz. Bottles Select Varieties
COCA-COLA PRODUCTS
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

12 Oz. Select Varieties
POPPI PREBIOTIC SODA
HOTSALE! 3/$5
W/O MVP Card $2.29 EA

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

12 Oz. Select Varieties
BLOOM SPARKLING ENERGY
HOT SALE! 2/$5
W/O MVP Card $2.79 EA
MVP Coupon -1.00 OFF 2
2/$4
IF MPR DISCOUNT EARNED THRU 7

HOTSALE! 4.99 EA
W/O MVP Card Regular Retail
24 Pack Select Varieties
DEER PARK OR PURE LIFE WATER

28 Oz. Select Varieties
POWERADE
HOTSALE! $1 EA
W/O MVP Card $1.69 EA

1.5 Liter Bottle or 28 Oz. Glass Bottle
FIJI OR SARATOGA WATER
HOTSALE! 2/$5
W/O MVP Card $2.99 EA

4 Pack - 8.4 Oz. Cans Select Varieties
RED BULL
HOTSALE! 6.99 EA
W/O MVP Card $8.49 EA

750 mL Select Varieties
BEE YOU OR DEBONAIR WINE
HOTSALE! 7.99 EA

1.5 Liter Select Varieties
BAREFOOT WINE
PRICED LOW EVERY DAY 11.99 EA

750 mL Select Varieties
RISATA WINE
1.5 Liter Select Varieties
CAVIT WINE
HOTSALE! 15.99 EA

SAVE 10%
WHEN YOU BUY 6 BOTTLES OF WINE

HOTSALE! 14.99 EA
12 Pack - 12 Oz. Bottles or Cans Select Varieties
MICHELOB ULTRA, BLUE MOON, CORONA PREMIER OR KONA

HOTSALE! 17.99 EA
12 Pack - 12 Oz. Cans Select Varieties
TWISTED TEA, CAYMAN JACK OR MIKE'S

HOTSALE! 17.99 EA
12 Pack 12 Oz. Bottles or Cans Select Varieties
SIERRA NEVADA, NEW BELGIUM OR SAM ADAMS

HOTSALE! 19.99 EA
30 Pack - 12 Oz. Cans Select Varieties
NATURAL LIGHT, BUSCH OR KEYSTONE LIGHT

HOTSALE! 17.99 EA
8 Pack - 12 Oz. Cans Select Varieties
DEVILS BACKBONE OR COASTAL READY TO DRINK

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZV8L ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX 05/27/26

NEW

50% MORE ELECTROLYTES*

VS THE LEADING ELECTROLYTE WATER BEVERAGE

Shop Now

*PER 20 FL OZ: POWERADE POWER WATER – 520 MG (SODIUM), 150 MG (POTASSIUM); PROPEL – 270 MG (SODIUM), 70 MG (POTASSIUM)

© 2026 THE COCA-COLA COMPANY. "POWERADE" IS A REGISTERED TRADEMARK OF THE COCA-COLA COMPANY.

15-15.5 Oz. Select Varieties
FOOD LION BEANS
PRICED LOW EVERY DAY 86¢ EA

11 Oz. Select Varieties
FOOD LION CORN
PRICED LOW EVERY DAY 1.29 EA

15 Oz.
FOOD LION LEMON JUICE
HOTSALE! MVP 2/$4
W/O MVP Card $2.49 EA

PRICED LOW EVERY DAY 3.29 LB
3 Ct. Pkg.
FOOD LION RAINBOW BELL PEPPERS

HOTSALE! MVP 1.49 LB
W/O MVP Card $2.29 LB
RED VINE CLUSTER TOMATOES

HOTSALE! MVP 1.19 LB
W/O MVP Card $1.59 LB
Bulk
JUMBO RED ONIONS

FROZEN

HOTSALE! MVP BOGO FREE
5.4-7.3 Oz., Select Varieties
LILY'S TOASTER GRILLS OR QUESADILLAS
W/O MVP Card $3.99 EA
Single Item Half Price

5.25-12 Oz. Select Varieties
MORNING STAR FARMS FROZEN FOODS
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

HOTSALE! MVP 5/$5
W/O MVP Card $1.69 EA
7-10 Oz. Select Varieties
GREEN GIANT BOXED VEGETABLES

24-36 Oz. Select Varieties
LINDY'S ITALIAN OR SWIRLED ITALIAN ICE
HOTSALE! MVP 2/$5
W/O MVP Card $3.68 EA

HOTSALE! MVP 2/$6
W/O MVP Card $3.49 EA
48 Oz. Select Varieties
BLUE RIBBON FROZEN DESSERT

HOTSALE! MVP 4.99 EA
W/O MVP Card $5.99 EA
16 Oz. Select Varieties
HUNGRY MAN DINNERS

12.8-21.7 Oz. Select Varieties
BELLATORIA PIZZA
HOTSALE! MVP 4.99 EA
W/O MVP Card $5.99 EA

HOTSALE! MVP 4.99 EA
W/O MVP Card $5.89 EA
32 Oz. Select Varieties
EL MONTEREY BURRITOS OR CHIMICHANGAS

HOTSALE! MVP 5.99 EA
W/O MVP Card $6.99 EA
8 Oz. Select Varieties
HERSHEY'S FROZEN CHOCOLATE COVERED FRUIT

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

PRICED LOW EVERY DAY 3.99 EA
W/MVP Card Price
MVP Coupon -1.00 EA OFF
2.99 EA
MVP IN-APP DISCOUNT SAVINGS ALREADY!
14 Oz. Select Varieties
HÄAGEN-DAZS ICE CREAM

HOT SALE! 5.99 EA
W/MVP Card Price
MVP Coupon -1.00 EA OFF
4.99 EA
MVP IN-APP DISCOUNT SAVINGS ALREADY!
6-20 Ct. Select Varieties
NESTLÉ DRUMSTICK CONES

HOT SALE! 8.99 EA
W/MVP Card Price
MVP Coupon -1.00 EA OFF
7.99 EA
MVP IN-APP DISCOUNT SAVINGS ALREADY!
10 Ct. K-Cups or 10-12 Oz. Bag Select Varieties
DUNKIN' COFFEE

BREAKFAST

15.4-16.8 Oz. Select Varieties
GENERAL MILLS CINNAMON TOAST CRUNCH OR HONEY NUT CHEERIOS
HOTSALE! MVP BOGO FREE
W/O MVP Card $6.49 EA
Single Item Half Price

9.2 Oz. Select Varieties
GENERAL MILLS CHEERIOS PROTEIN
HOTSALE! MVP 3.49 EA
W/O MVP Card $5.49 EA

13.1-17.3 Oz. Select Varieties
KELLOGG'S FROSTED FLAKES OR FROOT LOOPS CEREAL
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail
6 or 8 Pack 8-16 Oz. Bottles Select Varieties
SNAPPLE

HOTSALE! MVP 3.59 EA
W/O MVP Card $4.29 EA
5.6 Oz. Select Varieties
JUNKLESS GRANOLA BARS

12 Ct. K-Cups or 12 Oz. Bag Select Varieties
BLACK RIFLE COFFEE
HOTSALE! MVP 9.99 EA
W/O MVP Card Regular Retail

PRICED LOW EVERY DAY MVP 14.99 EA
W/O MVP Card $19.49 EA

2.3-3.28.4 Oz. Can Select Varieties
MAXWELL HOUSE COFFEE

HEALTH & BEAUTY

HOTSALE! MVP BOGO FREE
4 Ct. - Select Varieties
BARBASOL ULTRA GUARD 3 OR PURE SILK DISPOSABLE RAZORS
W/O MVP Card $4.99 EA
Single Item Half Price

7.25-10 Oz.
Select Varieties
BARBASOL OR PURE SILK SHAVING CREAM
HOTSALE! MVP 2/$5
W/O MVP Card Regular Retail

18 Oz.
Select Varieties
SUAVE BODY WASH
HOTSALE! MVP 2/$6
W/O MVP Card $3.49 EA

33.8 Oz.
Select Varieties
SCOPE MOUTHWASH
HOTSALE! MVP 4.99 EA
W/O MVP Card $6.99 EA

30-90 Ct.
Select Varieties
NATURE MADE VITAMIN D3
HOTSALE! MVP 9.99 EA
W/O MVP Card $13.69 EA

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

HOT SALE! 2/$10
W/O MVP Card $5.99 EA
MVP Coupon -4.00 OFF 1
2.6-2.7 Oz.
Select Varieties
DEGREE MEN'S OR WOMEN'S DEODORANT
2/$6
MVP 50 100% DISCOUNT SAVINGS LIMIT 1

HOT SALE! 9.99 EA
W/O MVP Card $13.29 EA
MVP Coupon -2.00 OFF 1
88-100 Oz.
Select Varieties
DOWNY FABRIC SOFTENER
7.99 EA
MVP 50 100% DISCOUNT SAVINGS LIMIT 1

HOT SALE! 9.99 EA
W/O MVP Card Regular Retail
MVP Coupon -2.00 OFF 1
12-24 Ct.
Select Varieties
SWIFFER DRY OR WET REFILLS
7.99 EA
MVP 50 100% DISCOUNT SAVINGS LIMIT 1

HOT SALE! 15.99 EA
W/O MVP Card Regular Retail
MVP Coupon -3.00 OFF 1
24 Oz. Beads or 62 Oz. Rinse
Select Varieties
DOWNY
12.99 EA
MVP 50 100% DISCOUNT SAVINGS LIMIT 1

HOUSE & HOME

HOTSALE! MVP 1.49 EA
19.4 Oz.
Select Varieties
FOOD LION LIQUID DISH SOAP
W/O MVP Card $2.29 EA

1 Double Roll
Select Varieties
FOOD LION PAPER TOWELS
HOTSALE! MVP 4/$5
W/O MVP Card Regular Retail

32 Oz.
Select Varieties
FOOD LION GLASS CLEANER
HOTSALE! MVP 2.49 EA
W/O MVP Card $2.99 EA

75 Ct.
Select Varieties
FOOD LION DISINFECTING WIPES
HOTSALE! MVP 2.99 EA
W/O MVP Card $3.69 EA

3 Pack Flats or 4 Pack Cubes
Select Varieties
FOOD LION FACIAL TISSUE
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 9.99 EA
W/O MVP Card Regular Retail

16 Mega Rolls
Select Varieties
FOOD LION BATH TISSUE

HOTSALE! MVP 7.49 EA
W/O MVP Card Regular Retail

12 Rolls
Select Varieties
FOOD LION 1-PLY BATH TISSUE

50 Ct.
Select Varieties
FOOD LION PARTY CUPS
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

19 Oz. - Select Varieties
LYSOL DISINFECTANT SPRAY
HOTSALE! MVP 7.99 EA
W/O MVP Card $8.99 EA

28-48 Ct.
Select Varieties
ZIPLOC
HOTSALE! MVP 6.99 EA
W/O MVP Card Regular Retail

41 Oz. - Select Varieties
LYSOL LAUNDRY SANITIZER
HOTSALE! 6.99 EA
W/O MVP Card $7.99 EA

BABY

4 Oz.
Select Varieties
HAPPY TOT STAGE 2 OR STAGE 4 POUCHES
HOTSALE! MVP 4/$5
W/O MVP Card Regular Retail

4.4 Oz.
Select Varieties
HAPPY TOT ORGANIC MULTI-GRAIN COOKIES
HOTSALE! MVP 2/$6
W/O MVP Card $6.69 EA

3.7 Oz.
Select Varieties
HAPPY TOT ORGANIC BESTIE BARS
HOTSALE! MVP 2/$6
W/O MVP Card $4.29 EA

504 Ct.
PAMPERS BABY WIPES
HOTSALE! MVP 16.99 EA
W/O MVP Card $18.29 EA

PET

HOTSALE! MVP 2/$4
W/O MVP Card $2.29 EA.
4 Oz.
Select Varieties
FANCY FEAST GEMS CAT FOOD

3.15 Lb. - Select Varieties
PURINA CAT CHOW NATURALS DRY CAT FOOD
HOTSALE! MVP 6.59 EA
W/O MVP Card $7.79 EA

5.6 Oz.
Select Varieties
PUP-PERONI DOG TREATS
HOTSALE! MVP 2/$6
W/O MVP Card $3.99 EA

16 Oz.
Select Varieties
COUNTRY KITCHEN DOG TREATS
HOTSALE! MVP 11.99 EA
W/O MVP Card $12.99 EA

FOOD LION

May 27 - June 2, 2026 Offers valid while supplies last.

Say Cheese

IT'S DAIRY MONTH

HOT SALE! MVP

2/$5

W/O MVP Card $3.68 EA

16.3 Oz.
Select Varieties
PILLSBURY GRANDS! BISCUITS

HOT SALE! MVP

89¢ EA

W/O MVP Card $1.59 EA

4.5-5.3 Oz.
Select Varieties
CHOBANI GREEK YOGURT

64 Oz.
Select Varieties
SUNNY DELIGHT

HOT SALE! MVP

3/$5

W/O MVP Card $2.69 EA

52 Oz.
Select Varieties
GOLD PEAK ICED TEA

HOT SALE! MVP

2/$4

W/O MVP Card $2.79 EA

6-8 Oz.
Select Varieties
FOOD LION SHREDDED CHEESE

HOT SALE! MVP

1.49 EA

W/O MVP Card 2/$4

52-64 Oz.
Select Varieties
ALMOND BREEZE ALMONDMILK OR PLANET OAT OATMILK

HOT SALE! MVP

2/$6

W/O MVP Card Regular Retail

2 Pack
PHILADELPHIA CREAM CHEESE BARS

HOT SALE! MVP

4.99 EA

W/O MVP Card $5.99 EA

W-1 ZGAH ZGAL ZGAT ZGAU ZGHW ZGSA ZKBG ZKNA ZKNV ZNNF ZNNO ZSAG ZSAU ZTNA ZTNV ZVBL ZVCH ZVHA ZVNK ZVNO ZVNR ZVRC ZVRD ZVRI ZVRN ZVRO ZVWR ZWBL 05/27/26

Stir up SOMETHING CREAMY

MVP PRICED LOW EVERY DAY
7.99 EA
W/O MVP Card $9.79 EA

32 Oz.
Select Varieties
KRAFT VELVEETA CHEESE

MVP PRICED LOW EVERY DAY
3.99 EA
W/O MVP Card $4.89 EA

14-16.5 Oz.
Select Varieties
Pull-A-Parts or Roll
PILLSBURY READY TO BAKE COOKIES

HOTSALE! MVP
2/$7
W/O MVP Card Regular Retail

22 Oz. or 6 Pack
Select Varieties
KOZY SHACK PUDDING

HOTSALE! MVP
99¢ EA
W/O MVP Card $1.99 EA

8 Oz.
HELUVA GOOD! DIP

32 Oz.
Select Varieties
STONYFIELD ORGANIC YOGURT

HOTSALE! MVP
4.99 EA
W/O MVP Card $5.99 EA

HOTSALE! MVP
2/$6
W/O MVP Card $3.99 EA

4-6 Pack
Select Varieties
DANIMALS SMOOTHIE OR YOCRUNCH YOGURT

HOTSALE! MVP
5.99 EA
W/O MVP Card $6.99 EA

12 Ct. Large
VITAL FARMS PASTURE RAISED EGGS

32 Oz.
Select Varieties
PROMISED LAND MILK

HOTSALE! MVP
3.99 EA
W/O MVP Card $4.49 EA

12 Oz.
Select Varieties
ROCKIN' PROTEIN BUILDER

HOTSALE! MVP
2/$5
W/O MVP Card $2.99 EA

46 Oz.
Select Varieties
TROPICANA HYDRATE DRINKS

HOTSALE! MVP
2/$5
W/O MVP Card $3.79 EA

W-2 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 05/27/26

SIMPLE SAVINGS
in your Dairy aisle

16 Oz.
Select Varieties
FOOD LION SOUR CREAM

PRICED LOW EVERY DAY
1.99 EA

HOT SALE! MVP
2.49 EA
W/O MVP Card $3.68 EA

4 Pack
Select Varieties
ACTIVIA YOGURT

46 Oz.
Select Varieties
FOOD LION ORANGE JUICE

PRICED LOW EVERY DAY
3.79 EA

6 Oz.
Select Varieties
YOPLAIT YOGURT

HOT SALE! MVP
10/$7
W/O MVP Card 97¢ EA

14-32 Oz.
Select Varieties
NESTLÉ COFFEE MATE COLD FOAM OR CREAMER

HOT SALE! MVP
3.99 EA
W/O MVP Card Regular Retail

2.18-4 Oz.
Select Varieties
PERFECT BAR OR ONCE UPON A FARM ORGANIC POUCHES

HOT SALE! MVP
2/$5
W/O MVP Card Regular Retail

HOT SALE! MVP
2.99 EA
W/O MVP Card $4.99 EA

8 Oz.
RED BARN BUTTER
NEW ITEM

48 Oz.
Select Varieties
BLUE DIAMOND ALMOND MILK

HOT SALE! MVP
2.99 EA
W/O MVP Card $4.99 EA

MVP DIGITAL COUPONS Load on App • Online • In-Store Kiosk

25.4 Oz.
Select Varieties
TOO GOOD COFFEE CREAMER
NEW ITEM

HOT SALE! **2/$7**
W/O MVP Card $5.29 EA
MVP Coupon **-1.00** OFF 2
2/$6
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

7-8 Oz.
Select Varieties
TILLAMOOK SLICED CHEESE

3.49 EA
MVP Coupon **-50¢** OFF 1
2.99 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

W-3 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 05/27/26

Stock up on more

DAIRY FOR LESS

HOTSALE! MVP **$2 EA**
W/O MVP Card $2.79 EA

2.25-3 Oz.
Select Varieties
ORE-IDA JUST CRACK AN EGG

HOTSALE! MVP **$3 EA**
W/O MVP Card $3.99 EA

4 Pack
Select Varieties
JELL-O GELATIN OR PUDDING

HOTSALE! MVP **$3 EA**
W/O MVP Card $3.29 EA

16 Oz.
Select Varieties
BREAKSTONE'S COTTAGE CHEESE

HOTSALE! MVP **$3 EA**
W/O MVP Card Regular Retail

6-7.5 Oz.
Select Varieties
CRACKER BARREL CUBES OR STICKS

HOTSALE! MVP **$4 EA**
W/O MVP Card $4.69 EA

16 Oz.
Select Varieties
KRAFT SINGLES

HOTSALE! MVP **$4 EA**
W/O MVP Card $5.19 EA

7.5-8 Oz.
Select Varieties
PHILADELPHIA SOFT CREAM CHEESE

16 Oz.
Select Varieties
KRAFT SHREDDED CHEESE

HOTSALE! MVP **$4 EA**
W/O MVP Card $5.69 EA

10 Oz.
Select Varieties
KRAFT PROTEIN SNACK

HOTSALE! MVP **$4 EA**
W/O MVP Card $5.99 EA

W-4 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 05/27/26